

**Join us on Thursday, February 19th - 6:30 - 8:30 at
Blessings Boutique**

10636 N. 71st Way #4 & 5, Scottsdale

Accessing Your Inner Power Seminar

Would you like to make significant changes in your life?

- Feeling stuck?
- Going through a divorce or separation?
 - Want to change jobs?
- Striving to get in better shape?
 - Want higher self esteem?

In this 2- hour seminar you will learn how to

- *Tap into your divine inner power*
- *Clean up the clutter and chaos in your life*
- *Listen to your God whispers and divine messages*
- *Clarify your life's goals and divine purpose*
- *Let go of your 'old story' and realize your true worth*
- *Change negative thinking patterns into more positive truths*
- *Make decisions based on spirit rather than fear and ego*



About....Dr. Wendy Nickerson

**Atlantic Coaching Enterprises
Scottsdale, Arizona**

Dr. Wendy Nickerson is a psychologist, life coach, author and international speaker on topics of personal development and wellbeing. Through years of personal experience and a decade of discussing intrapersonal difficulties with clients in the United States and Canada, Dr. Nickerson understands the detrimental effects of a depleted self-image, detachment from self, lack of empowerment, and overwhelming stress. She has developed innovative strategies for achieving personal mastery, success, and improved productivity for both individuals and corporations.

Dr. Nickerson's interventions are designed to enhance and promote a sense of empowerment, motivation, a core sense of identity and purpose, authenticity, self-image, and emotional and spiritual well being. The goal of her individual coaching sessions and seminars is to provide participants with the insight, skills and knowledge necessary to self-actualize and bring their dreams and goals to fruition. Visit www.DrWendyNickerson.com

Cost-Love Offering donated to Blessings Boutique to serve women in need.